



PSYCHIATRIC NURSING SKILLS CHEKCLIST

- 1 – NO EXPERIENCE**
- 2 – SOME EXPERIENCE (Require assistance / supervision)**
- 3 – EXPERIENCED (Need review, can perform independently)**
- 4 – VERY EXPERIENCED (Can perform well independently)**

Please select the column that most accurately describes your experience level.

EXPERIENCE LEVEL	1	2	3	4
MEDICATIONS:				
Unit Dose				
Administering Medications for 1-10 Patients				
Administering Medications for 1-20 Patients				
IV Therapy				
Administration of Anti-Psychotic Medications				
Management of Adverse Effects and Adverse Reactions of Antipsychotic Medications				
Administration of Anti Depressant Medications				
Management of Adverse Effects and Adverse Reactions of Anti Depressants				
Administration of MAO Inhibitors				
Knowledge of Adverse Response to MAO Inhibitors, Dietary Restrictions, and Management of Hypertensive Crisis				
Administration of Lithium				
Knowledge of Lithium Side Effects				
Stabilizing Lithium Levels				
Management of Lithium Toxicity				
Knowledge Of and Interventions for EPS				
Knowledge of NMS				
Intervening with Medication Non-Compliant Patients				
ACUTE CARE INTERVENTIONS:				
Knowledge of Intervening in a Psychiatric Crisis				
Knowledge of Use of Medications in a Psychiatric Crisis				
Knowledge In the Use of Seclusion and Restraints				
Knowledge of the Legalities Surrounding the Use of Seclusion and Restraint				
Use of Interventions with the Delusional Patient				
Use of Interventions with the Hallucinating Patient				
Use of Interventions with the Organic Brain Syndrome Patient				
EXPERIENCE LEVEL	1	2	3	4

Use of Interventions with the Alzheimer's Patient				
Use of Interventions with the Acutely Suicidal Patient				
Use of Interventions with the Physically Aggressive Patient				
Use of Interventions with the Self Abusive Patient				
Use of Interventions with the Anxious Patient				

ADDITIONAL NURSING SKILLS:				
Suctioning				
Oxygen Administration and Use				
Catheters - Foley Insertion (Male and Female)				
Wound Care				
Arrest - Initial Resuscitation (CPR)				
Breath Sounds				
Use of Nebulizer				
Use of Pulse Oximeter				
Performing EKG's				
Blood Glucose Monitoring				
MANAGEMENT OF THE SUICIDAL PATIENT:				
Crisis Intervention by Phone				
Management of Patient on General Unit				
Different Levels of Suicide Precautions				
Use of Written No-Suicide Contracts				
Knowledge of Patients that are at High Risk				
LEGAL ASPECTS:				
Confidentiality				
Voluntary and Involuntary Commitment				
AMA Discharge				
Patient Rights				
NEUROLOGICAL PROBLEMS:				
Monitoring Neuro Vital Signs				
Seizure Precautions				
Aneurysm Precautions				
Care of Patient Status Post Head Injury				
Care of Patient Post CVA				
CARE OF PATIENT WITH:				
Acute MI				
Drugs Overdose				
CA of Lung				
Emphysema and Asthma				
Diabetes				
Cirrhosis of the Liver				
Hepatic Encephalopathy				
COPD				
Hypothyroidism				
Hyperthyroidism				
Decubitus Ulcer				
CA with Brain Metastasis				
Delirium Tremens				

EXPERIENCE LEVEL	1	2	3	4
DOCUMENTATION:				
Problem Oriented Charting				
Use of Nursing Diagnosis				
Initiating Treatment Plans				
Defining Goals and Objectives				
Completing Nursing Assessments				
Recording Medications Using a MAR System				

Documentation of Use of Seclusion and Restraint				
Noting Physicians Orders				
MILIEU:				
Use of Milieu to enhance Patient Care				
Familiarity with the Group Process				
Utilizing the Milieu to Decrease Confusion				
Use of Community Meetings				
GERONTOLOGICAL NURSING:				
Relationship between Personality Factors and Dealing with Loss in Increasing Age				
Differentiating Depression from Dementia				
Factors Contributing to Sun Downing				
Effectiveness of Nursing Action with the Agitated Elderly Patient				
Interventions with the Confused Elderly				
Preventative Measures for the Disoriented Elderly				
Relationship between Mental Status and Cardiovascular Response				
GENERAL ADULT PSYCHIATRIC NURSING:				
Knowledge of Responses, Collection of Data, and Development of Impressions Relative to Care of the Adult Patient				
Planning, Implementation, Evaluation, and Modification of Actions Relative to Care of the Adult Patient				
Knowledge of Somatic Therapies				
Knowledge of Different Types of Therapies				
KNOWLEDGE OF SUBSTANCE ABUSE NURSING:				
Knowledge of Major Categories of Abused Drugs				
Knowledge of Withdrawal Signs, Symptoms, and Interventions				
Knowledge of High Risk Patients				
Knowledge of 12 Step Programming				
ISOLATION PRECAUTIONS / INFECTION CONTROL:				
Regular Isolation				
Respiratory Isolation				
Contact Isolation				
Handwashing				
OTHER:				
Utilizing a Policy and Procedure Manual				
Working within a Multidisciplinary Team				
Utilizing Proper Chain of Command				
Utilizing Electronic Equipment Including Computers and Faxes				

I ATTEST THAT THE INFORMATION CONTAINED ABOVE IS TRUE AND ACCURATE.

Independent Contractor

Date

Encore Staff

Date